Pickled Zucchini

3-4 medium zucchini

6 sprigs fresh dill

FOR EACH JAR

2 halves garlic

½ tsp black peppercorn

½ tsp mustard seed

½ tsp dill seed

FOR THE BRINE

2 ½ cups water

1 cup vinegar

2 tbsp granulated sugar

2 tbsp kosher salt or coarse sea salt

METHOD

- 1. Wash and trim the zucchini. Discard the ends.
- 2. Slice into chips or spears. Set aside.
- 3. Divide the seasonings between 3 clean pint-sized mason jars. Arrange the zucchini chips or spears and dill in the jar.
- 4. Combine all the brine ingredients in a medium saucepan and place over medium high heat.
- 5. Bring to a boil and then remove the pan from the heat.
- 6. Carefully pour the hot brine over the zucchini and fresh dill. Tightly secure the lids and shake the jars.
- 7. Allow to cool slightly on the kitchen counter for 30 minutes before placing in the refrigerator,
- 8. Refrigerate for 24 hours or more before eating.

Roasted Pickled Beets with Ginger

FOR THE ROASTED BEETS

6 medium beets, cleaned, 1-inch stem remaining

2 shallots peeled

2 sprigs rosemary

2 tsp olive oil

METHOD

- 1. Preheat the oven to 400 degrees F.
- 2. Toss the ingredients together.
- 3. Place in a foil pouch and roast in the oven for 40 minutes.

FOR THE PICKLE

1 large red onion sliced

I 2-inch piece of ginger peeled and sliced thinly

1 cup tarragon vinegar

1 ½ tsp kosher salt

½ cup sugar

1 cup water

METHOD

- 1. Remove the skin from the beets and slice thinly.
- 2. Arrange the sliced beets in 1-quart jars alternating with layers of onion and ginger.
- 3. In a small pot, bring the rest of the ingredients to a boil.
- 4. Pour over the beets. Tightly close the jars and gently turn them upside down. Allow to cool for 30 minutes.
- 5. Place the jars in the refrigerator for 3 to 7 days before serving.

Pickled Jalapenos with Chive Flowers

7-8 jalapenos thinly sliced

3 chive flowers per jar

FOR THE BRINE

1 cup white vinegar

1 cup water

2 cloves water smashed

1 tbsp sugar

1 tbsp salt

OPTIONAL

Coriander seed

Mustard seed

Celery seed

1 tsp each

METHOD

- 1. Combine vinegar, water, sugar, and salt,
- 2. Bring to a boil.
- 3. Add the jalapeno slices, stir, and remove from the heat.
- 4. Let sit for about 8 minutes.
- 5. Place the chive flowers in the corners in the jar,
- 6. Use the tongs to remove the jalapenos from the pot and place in the jar.
- 7. Cover with the brining liquid to fill the jar.
- 8. Allow to cool.
- 9. Store in the fridge for up to 2 months.

Use on pizza, sandwiches and in cooking.

Spicy Cucumber Pickles

1 lb cocktail cucumbers (washed, patted dry with paper towels)

2 bulbs garlic peeled

FOR THE BRINE

1 cup white vinegar

½ tsp dill weed

1 ½ tsp kosher salt

3 tbsp sugar

1 tbsp red chili flakes

METHOD

- 1. Combine the vinegar, dill seed, red pepper flakes, salt, and sugar in a small saucepan over medium heat.
- 2. Bring to a boil stirring to dissolve the sugar and salt. Turn off the stove. Allow to cool completely.
- 3. Cut off ¼ inch of both ends of each cucumber. Place the cucumbers and garlic in sterilized jars.
- 4. Pour the cooled pickling liquid into the jars,
- 5. Cover and place in the refrigerator for 2 to 3 days.